

Data for selected indicators, 2006 - 2013

All Adult Vermonters with Diabetes										
BRFSS	2006	2007	2008	2009	2010	2011	2012	2013	VT 2010 Goals	2013 VT DCPC Goals
Diagnosed Prevalence	5.9%	7.0%	6.4%	6.2%	-	-	-	-		
Diagnosed Prevalence (#)	29,141	34,540	31,692	30,548	-	-	-	-		
Told Have Prediabetes	-	-	4.4%	4.3%	-	-	-	-		
2 A1Cs annually	68%	70%	76%	75%	-	-	-	-		80%
Foot examination annually	78%	80%	84%	80%	-	-	-	-		85%
Dilated eye examination annually	76%	76%	77%	75%	-	-	-	-	75%	81%
Pneumococcal immunization, lifetime	66%	65%	68%	68%	-	-	-	-		75%
Influenza immunization, last 12 months	66%	72%	74%	73%	-	-	-	-		80%
Diabetes education, lifetime	52%	55%	55%	52%	-	-	-	-	60%	60%
Meets CDC Physical Activity Goal (adults with diabetes)*	44%	40%	-	45%	-	-	-	-		50%
General Health listed as good or better	61%	62%	59%	62%	-	-	-	-		70%
Self monitoring blood glucose, >= 3X a week	72%	70%	73%	68%	-	-	-	-		80%
Vital Statistics		-	-	-	-	-	-	-		
Gestational Diabetes	3.9%	3.6%	3.5%	-	-	-	-	-		
Diabetes Related Deaths per 100,000 VT adults **	91.0	97.7	91.8	-	-	-	-	-	46	
Death per 1,000 VT adults with diabetes	21.8	19.9	20.8	-	-	-	-	-		
Hospital Discharge Data										
Any mention of diabetes, discharges per 100,000 VT adults **	1,379	1,364	1,385	-	-	-	-	-		
Discharges per 1,000 adults with diabetes	328	279	314	-	-	-	-	-		
Number of Lower Extremity Amputations	199	184	176	-	-	-	-	-		
Discharges for MI, per 1,000 Vermonters with diabetes	23.1	19.2	21.3	-	-	-	-	-		
Emergency Department Data										
ED Admissions for diabetes per 100,000 VT adults**	1,652	1,807	1,932	-	-	-	-	-		
ED admissions per 1,000 adults with diabetes	387	361	426	-	-	-	-	-		
United States Renal Data System (www.usrds.org)			-	-	-	-	-	-		
New cases of End State Renal Disease, Overall	149	125	-	-	-	-	-	-		
New cases of End Stage Renal Disease, VT'ers with diabetes	69	46	-	-	-	-	-	-		
Existing cases of End Stage Renal Disease, Overall	747	757	-	-	-	-	-	-		
Existing cases of End Stage Renal Disease, VT'ers with diabetes	254	257	-	-	-	-	-	-		
All Vermonters (BRFSS)										
Obese (BMI 30+)	21%	22%	23%	23%	-	-	-	-		
Meets CDC Physical Activity Goal*	58	58%	-	58%	-	-	-	-	50%	
Had Test for Blood Sugar in the Past	-	-	51%	50%	-	-	-	-		

* At least 30 minutes a day of moderate physical activity, at least 5 days a week

** Age-adjusted to the 2000 US Standard Million